



## An Initiative of NAAC-IQAC Saraswati Dental College, Lucknow

### Events

- ◆ 3rd Sep. World Breast Feeding Day
- ◆ 23-25th Sep. 2nd Module of Mastership of LASER Dentistry
- ◆ 26th Sep. Blood Donation Camp in SHRC
- ◆ 5th Oct. Webinar by Department of Periodontology the issue in peri-implant on Soft Tissue Still the Issue
- ◆ 16th Sep. Webinar by Department of Pedodontics & Preventive Dentistry on Diastema Closure
- ◆ 17th Oct. Interdepartmental Meet by Conservative Department
- ◆ 18th Oct. Expanding Avenues for Dentistry; Dr Anand Mai
- ◆ 19th Oct. BDS 1st Yr Orientation
- ◆ 14th Nov. Founder's Day
- ◆ 14th Nov. Inauguration of Editorial Office for AJOHAS
- ◆ 18th Nov. Webinar Lecture on Basic & Advanced radiographic Interpretation in General Dental Practices; Dr Hemant Umar ji
- ◆ 21st to 30th Nov, Crick-Dent
- ◆ 23rd Nov & 22nd December . Interdepartmental meets
- ◆ 2-4th Dec. 3rd Module of Master-ship of LASER Dentistry

### Founder's Day, 14th November



Founder's Day was celebrated on 14th November 2016 in the memory of our beloved Chairman, Late Lt Col. T. S. Mathur. In the Lt. Col. T S Mathur Auditorium, floral tribute was given by all to our beloved and respected Chairman Sir as it was his first birthday after his heavenly abode. A Cricket tournament was organized on Oval Ground of the institution between the faculty and the students which was won by the faculty team.



Mrs. Madhu Mathur, Chairperson, Saraswati Group of Institutions on the occasion of Founder's day inaugurated editorial office of the Asian Journal of Oral Health & Applied Sciences. Under pursuit of Institutional Publication Committee, this office is also responsible for timely publication of SDC Bulletins and Annual reports.







Department of Public Health Dentistry celebrated Breast Feeding Day by conducting a breast feeding awareness campaign at Saraswati Hospital & Research Centre on 3rd Sep. 2016.



Inner Wheel Club of Lucknow Rajdhani, an International organization of women for friendship and services, organized a blood donation camp and tree plantation drive on 26th Sep. 2016. in Saraswati Hospital and Research Centre and Dental College campus.



Webinar on Basic and Advanced Radiographic Interpretations in General Dental Practice by Department of Oral Medicine and Radiology at LT-1.







Inter-college T-20 cricket tournament 'Cric-Dent' was organized by Babu Banarasi Das University (BBD University), Lucknow in BBD Stadium from 21st to 30th Nov. 2016. In this Cric-Dent tournament total of 9 teams participated. All the matches were played in BBD Stadium.

From Saraswati Dental College, faculty team, girls student team and boys student team participated in the T-20 cricket tournament 'Cric-Dent'.

Girls student and Faculty team stood 1st runner up in 'Cric-Dent' cricket tournament. Following awards were won by the players:

- Player of the Tournament : Dr Puneet Wadhvani
- Best Batsman : Arijit Trivedi
- Best Bowler : Arsalan Khan

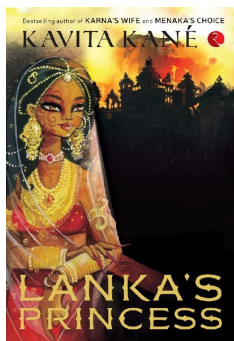


## The Speaking Tree: Why We are Reluctant to do Hard Work (By Janina Gomes)



Hard work requires discipline, persistence, the ability to stay with and overcome difficulties, and a strong desire to accomplish one's goals. In today's world pleasure seeking has become paramount. As long as it is good sailing, and we receive incentives and rewards, the more willing we are to put in extra hours, extra effort and extra zest into what we are doing. Unfortunately, life does not work like that all the time. Life does not bring us comfort and ease. It throws at us challenges and responsibilities that force us to continue even if we reach a point where we think we cannot go on any further. Sickness and disabilities bring us trials when we think we deserve a little rest. But life is a race that runs along and we have to run with it or be left trailing behind. Who said becoming a champion is easy? We only look at the master strokes and mastery that people have gained over a job or task. We know very little about the long hard hours of work that went into turning out masters. The discipline, hard work, the courage to continue in the face of challenges that extract the most out of us will make us warriors. By our hard work, we are laying the groundwork for reaching heights. We have to carry on, often alone. Effort and work in the present, will lead us to a better future where work becomes worship. Worship is not easy either, because it is also hard work and effort. But God's grace flows without impediment to those who work hard without stressing about the outcome. (<http://www.speakingtree.in>)

## For Our Avid Readers.....LANKA'S PRINCESS BY KAVITA KANE



Surpanakha, Ravan's famous sister. Ugly and untamed, brutal and brazen—this is often how she is commonly perceived. One whose nose was sliced off by an angry Lakshman and the one who started a war. But was she really just a perpetrator of war? Or was she a victim? Was she 'Lanka's princess'? Or was she the reason behind its destruction? Kavita Kane's Lanka's Princess (Rupa) reimagines Surpanakha's story from Ramayana— where she was blamed for fanning the enmity between Rama and Ravana. (Published in Dec. 2016; Source: Reader's Digest)

## SDC PubMed Indexed Publications

- Kumar GV, Nigam A, Naeem A, Gaur A, Pandey KK, Deora A. Reinforcing Heat-cured Poly-methyl-methacrylate Resins using Fibers of Glass, Polyaramid, and Nylon: An in vitro Study. J Contemp Dent Pract. 2016;17(11):948-952.
- Navit S, Jaiswal N, Khan SA, Malhotra S, Sharma A, Mukesh, Jabeen S, Agarwal G. Antimicrobial Efficacy of Contemporary Obturating Materials used in Primary Teeth- An In-vitro Study. J Clin Diagn Res. 2016;10(9):ZC09-ZC12.
- Pandey N, Ma MS. Evaluation of sexual dimorphism in maxillary and mandibular canine using mesiodistal, labiolingual dimensions, and crown height. Indian J Dent Res. 2016;27(5):473-476.
- Siddiqui ZR, Jhingran R, Bains VK, Srivastava R, Madan R, Rizvi I. Comparative evaluation of platelet-rich fibrin versus beta-tri-calcium phosphate in the treatment of Grade II mandibular furcation defects using cone-beam computed tomography. Eur J Dent. 2016 ;10(4):496-506.
- Srivastava R, Verma PK, Tripathi V, Tripathi P, Singh AR. Management of Oehlers Type II Dens in Dente with Open Apex and Alveolar Bone Defect. J Clin Diagn Res. 2016;10(11):ZJ05-ZJ06.

## Editorial Board

### Faculty Members

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Aamna, Manveen Kaur & Meha Pillai	:	<i>3rd Year</i>