

# SDC BULLETIN

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SARASWATI DENTAL COLLEGE

## IMPRESSIONS 2015

A fun filled gala event of the year "Impressions 2015"- the college fest was held from the 13th October to 25th October'15 . The fest organized by the college staff and students of BDS 2011-12 batch, was well received by the SDCians.

The well conducted fest included cultural, sports and literary events like dance, drama, singing, elocution, collage, debates, athletics, cricket, football etc. Students participated enthusiastically and prepared themselves to put their best foot forward in the various events.

Winners of all cultural events performed on the last day. A fashion show on the theme Unity in Diversity was organized by the students .

### WINNERS

Champions	Raman House
Literary Trophy	Raman House
Sports Trophy	Raman House
Cultural Trophy	Tagore House
Best PG student	Dr. Ravi Srivastava
Best UG student (girl)	Palak Dwedi
Best UG student (Boy)	Siddhartha David

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## RADIO MIRCHI YUVA STAR

Radio mirchi and Uninor organized the programme “Radio Mirchi- mirchi yuva star” in Saraswati Dental College on 31st December 2015.

The students of Saraswati Dental College and Birendra Shankar Mathur School of Nursing participated actively and showcased their various talents like singing, dancing, poem recitation and mimicry etc.

The enthusiastic students were rather brilliant in their performances giving judges a hard time to decide on one person as a winner finally our very talented **Juhi Prakash** from B.D.S 3rd year bagged the place and was awarded by Prof. Dr. R.S.Bedi.



## ENRICHMENT PROGRAMS

*A CDE Program was organized by the Dept. of oral and maxillofacial surgery on ALL ON FOUR in collaboration with Nobel Biocare India Pvt Ltd. On 27th October 2015. The lecture was delivered by Dr. Sanjay Kalra.*



Various Value Added Programs were conducted by the institute through I nterdepartmental collaboration.

These programs helped the students to enhance their professional competency their field of choice.

Following were the various Value Added Programs conducted

- Asepsis & Infection Control
- Evidence Based Dentistry
- Research Methodology
- Geriatric Oral Health
- Dental Sleep Medicine
- Prevention & Detection of Flourosis
- Bone Augmentation



### Faculty Development Program

The institute organized a faculty development program on 7&8 Jan'16.

The program comprised of presentations on OSCE/ OSPE and INTEGRATED TEACHING.

**Prof. Dr. Alka D.Kale**, (Dean, KLE Institute of Dental Science) and **Prof. Dr. Vaishali K. Keluskar** (Dept Of OMR, KLE Institute of Dental Science) were the guest speakers for the event.





# CASE-O-PEDIA : NASAL FISTULA

- Dr. Ratnapriya

A 17 year old male patient reported to the **Department of Paediatric and Preventive Dentistry** at Saraswati Dental College Lucknow with the chief complaint of purulent discharge from his nose from past 20days and discoloured upper front teeth. History taking revealed that patient underwent root canal treatment in relation to right and left maxillary central incisors 1 month back in a private clinic. On examination of the nose there was pustule seen on the floor of left nose with purulent discharge from it.

The Intra Oral Periapical Radiograph revealed the overobturated # 21 with radiolucency in relation to the same and periapical radiolucency in relation to RCT treated #11

Surgical endodontic was planned as treatment option for this case. Full mucoperiosteal flap was raised. On raising the flap a bony defect was appreciated. Root resection followed by Class 1 type cavity was prepared at the root tip of #11 and # 21. Condensation and retrograde filling with MTA was done. Since the communication was too small for any instrument to pass through so the debridement was done using black silk suture thread by placing multiple knots on it. This multiknotted suture thread was passed through the communication with the help of suture needle and rubbed several times to remove the tract lining and induce bleeding. Simple interrupted sutures were given with 3/0 catgut around the periphery and the flap was approximated to its original position. Antimicrobial, anti-inflammatory and analgesic was prescribed for 7 days. Antiseptic mouthwash was also advised twice daily. On 7<sup>th</sup> day suture removal was done and healing was uneventful. Also closure of sinus at the floor of nose was appreciated clinically. Patient was recalled after two weeks for the prosthetic/esthetic rehabilitation of upper anterior teeth. Teeth preparation was done in relation to 11, 12, 21 & 22. A Porcelain Fused Metal Crown was delivered in relation to the same.



Nasal pustule at the floor of nose



Pre-operative radiograph



Retrograde filling with MTA



IOPAR after MTA placement or of nose

## WORLD AIDS DAY



On the occasion of World AIDS Day observed on December 1<sup>st</sup> 2015, Saraswati Dental College organized an awareness programme with the collaboration of Dept. of Oral and Maxillofacial surgery and Dept. of Public Health Dentistry.

Postgraduate students and interns of the respective departments helped to spread the awareness amongst the patients via various AV aids, seminars, posters and collages.

Various faculty members participated in the programme and told the patients about the facts and myths associated with AIDS.

Patients too actively participated and had put forward their queries regarding AIDS.

# TALENT PAR EXCELLENCE

“Healthy mind lives in a healthy body and will pave the way for Nations progress”. With this banner, Walkathon for Swacch Bharat ka agla kadam– Surakshit Khadya Abhiyan was organized on November 21, 2015 by CII to strengthen nationwide actions on Safe and Hygienic food for all.

Students from Saraswati Dental College with the motto of **Jaago Grahak Jaago** promoted consumer welfare and participated in the event .

Students started their walk from 1090 Chauraha , to Taj hotel and the back to the 1090 Chauraha. The event also consisted of nukkad natak , skit, performance by NCC band .



## INTER COLLEGE FEST:

The students of Saraswati Dental College participated in “AURA 2015” Isabella Thobourn college and came back with flying colours bringing laurels in categories like collage, rangoli, skit etc.

The prizes won:

- First in collage and rangoli
- Second in mocktail making
- Third in salad making, qawwali, skit and flower arrangement.

## TRAVEL DIARIES– Mcleodganj

**Mcleodganj:** A suburb of Dharamshala in Kagra district of Himachal Pradesh.

### How To Reach:

By air: Nearest airport is gaggal airport

By rail: Kagra valley railway lines

**Places To Visit:** Dhalander peak is the major tourist spot whose trek begins at Triund hill where camping seems to be amid stars.

Tsuglagkang temple– the dalai lama’s temple

Dal lake

Bhagsu Waterfall



## The Editorial Board

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