

SDC BULLETIN

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SARASWATI DENTAL COLLEGE & HOSPITAL

IMPRESSIONS '14



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'Impressions 2014' the college fest was held from the 1st to the 14th of November 2014. The fest put together by the college staff and students, was one of great finesse, encompassing various events ranging from debates, elocution, Indian dances and mimicry. In sports, basketball, volleyball, cricket, chess and carom were among the most fiercely competed events during the festivities. The students of the Saraswati Dental College were actively involved in organizing and participating in the various literary, cultural and sports events. A fashion show was organized by the students and the faculty

members. A special dance performance was given by the interns (2009-10 batch) on the last day. Amidst prominent dignitaries from various walks of life, Saraswati Dental College and Hospital, Lucknow celebrated its 16th Founder's Day at Lt Col Tejender Shankar Mathur auditorium with complete festivities and uproar. Justice Malhotra was the chief guest at the occasion. Amongst others gracing the occasion, were Army officers from CMDC and prominent Rotarians. The week was brought to a close with scrumptious snack and dinner for all and not to

forget the grand fireworks.

THE WINNERS

- SPORTS TROPHY : Raman House
- LITERARY TROPHY: Chawla House
- CULTURAL TROPHY: Raman House
- TROPHY FOR THE BEST POST GRADUATE: Dr. Rohit Kulshreshtha
- TROPHY FOR BEST UNDERGRADUATE (GIRL): Himani Kothari
- TROPHY FOR BEST UNDERGRADUATE (BOY): Madhur Garg

UPCOMING EVENTS

- CDE ON "ORAL IMPLANTS" BY DR. ANAND KRISHNAMURTHY ON FEBRUARY 26, 2015
- LECTURE ON "RECURRING ORAL CANCERS" BY DR. VIVEK GARG ON APRIL 28, 2015 SPONSORED BY COLGATE PALMOLIVE, INDIA.
- A talent hunt will be organized by "fbb" on April 28, 2015.

“CASE - O - PEDIA” : CLEIDO-CRANIAL DYSPLASIA

By: Ankur Nigam



The case aged 30 years, presented with the chief complaint of dull and intermittent pain. In the left upper back region of the jaw since 1 week.

ORAL EXAMINATION-

- Marked hypertelorism
- Frontal bossing
- Depressed nasal bridge
- Large head
- Broad nasal base
- Parietal bossing



The patient was then sent for radiographic investigations including:

1. ORTHO PANTOMOGRAM
2. PA VIEW CHEST
3. PA VIEW SKULL

RADIOGRAPHIC INVESTIGATIONS

- The OPG revealed multiple retained deciduous and numerous impacted permanent teeth along with a few supernumerary teeth
- PA view (skull) showed open fontanelles.
- Underdeveloped right clavicle bone was appreciated in PA view (chest)



CLINICAL EXAMINATION

Sagittal view (chest) showed

- Pigeon's chest appearance
- large parietal bossing, a feature of Cleido Cranial Dysplasia – ARNOLD'S HEAD.

Patient showed hypermobility of shoulder joint. Although the case couldn't completely approximate his shoulders as seen in typical cases of Cleido Cranial Dysplasia, he surely had more than normal ability to approximate as shown in the picture below.

ORAL AND MAXILLOFACIAL SURGEONS' DAY



Sitting(L-R): Dr. Priyanka, Dr. Nimish, Dr. Shoyeb Sheikh, Dr. R. S. Bedi, Dr. M. M. Singh, Dr. Suyash, Dr. Fahad. STANDING: Post Graduate Students, Dept. of OMFS

The Department of Oral Surgery of our college celebrated the International Oral and Maxillofacial Surgeons' Day on February 13, 2015. Under the able guidance of Dr. R. S. Bedi, Principal, HOD and Professor, the department spread awareness amongst the people through elaborate illustrations and interactive sessions on trauma and cancer.

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LASERS - AN INSIGHT OF THE FUTURE



The thrive for newer, simpler and effective treatment modalities has led to the development of advanced techniques and technologies. With an eye on the future, one such technological advancement has been the use of lasers in dental treatments. Lasers enjoy preference over other treatment modalities as they bring the world a step closer towards blood free and pain free dentistry. Other benefits include excellent post surgical healing, that too with minimal need of pain killers and/or antibiotics.

Lasers have a wide range of applications in every sphere of dentistry such as treatment for red and white lesions in the mouth, ulcers, pyorrhoea, decay, teeth whitening , root canal dis-

infection, biopsies and many more.

In an attempt to create awareness about dental lasers, **Saraswati Dental College and Hospital, along with The Academy of Laser Dentistry, USA**, had organized a **Continuing Dental Education Programme** at the college auditorium on Monday, 5th January 2015, wherein almost 400 doctors from various institutions of lucknow had participated, thereby learning and updating their knowledge about Laser through a **special hands-on programme**.



Laser specialist **Dr. Rishita Jaju, DDS, from Washington DC, USA** and **Dr. Vipul Srivastava, masters in laser dentistry, Lucknow** were the chief educators for the pro-

gramme. **Dr. Praveen Samant, Dr. Shally Mahajan, Dr. Ayush, Dr. Pushendra, Dr. Neeraj, Dr. Raju Chauhan, Dr. Kavita** and **Dr. Gaurav** were the chief organizers for the programme. Manufacturers of lasers and equipments were also present.



BLOOD DONATION CAMP

Saraswati Hospital and Research Centre, in association with the Rotract Club, Lucknow Rajdhani, organized a Blood Dontation Camp on November 17, 2014 and 27 units of blood were collected.



EXCELLENCE IN CO-CURRICULARS

The reputed and highly acclaimed King George's Medical University organized its annual inter college fest - "Rhapsody" in December at which Saraswati Dental College was an active participant.

The students of our college did exceptionally well in an array

of events and bagged numerous prizes. The winners were :

- Himani Kothari - badminton singles (First Prize)
- Dr. Rohit Kulshreshta - Badminton singles (First Prize)
- Table Tennis - Mixed doubles (First Prize)



Other events that took place were:

- Painting competition on November 8, 2014 on the theme "Save the Earth"
- Faculty and students attended National Symposium on 'Clinical research, Good clinical practice, Pharmacovigilance, Newer issues in ethics, Requirement in new drug application and Clinical trials' held at CDRI Lucknow on December 3 & 4, 2014.
- All MDS and BDS (I & III year) students participated in the "Gomti Action Marchpas" for implementing the river action plans on December 7, 2014.

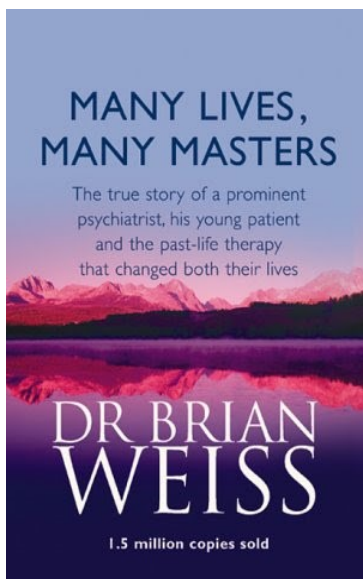
INVESTITURE CEREMONY

The investiture ceremony took place on January 26, 2015. The office bearers for the academic year 2015-16 are:

- **COLLEGE CAPTAIN:** Waseem Khan
- **HOUSE CAPTAINS:**
 - Raman House: Dilip Kr. Maurya
 - Chawla House: Roli Dureha
 - Tagore House: Sandeep Mishra
 - Krishnan House: Swatantra Kumar
- **LITERARY SECRETARIES:** Pranshu Mathur & Fatima Zainab Ansari
- **SPORTS SECRETARIES:** Siddharth David & Kama-yani
- **CULTURAL SECRETARIES:** Vatsalya Srivastava & Nilisha Shukla
- **DECORATION SPECIAL SECRETARY:** Shreya Panwar & Dulari Das

EDITORS' RECOMMENDATIONS

For our avid readers...



MANY LIVES MANY MASTERS

By Dr. Brian Weiss

Dr. Brian Weiss, a renowned psychiatrist in Miami, helps his patients get over their psychiatric ailments with the help of hypnosis and regression therapy. Many Lives Many Masters talks about his discovery of past life therapy in the course of treating his patient, Catherine, who astounded him when she regressed deep into one of her previous lifetimes, during her hypnosis sessions and started describing things she had been oblivious to in her current life.

Furthermore, to his utmost disbelief, she then began channeling messages from the “space between lives” that contained remarkable information. Catherine in one of her sessions describes her death by drowning in a previous lifetime, which happened to be the reason behind her current hydrophobia. After each session, Weiss observes the elimination of one fear after the other and sees the emergence of a more confident and vibrant Catherine.

Weiss talks about “master spirits” who guide the souls after each life terminates and teaches them the lessons of life and

“guardian spirits” that protect the soul through each life. He talks about the beautiful world of “after life” and “reincarnation” The soul gets drawn towards a white light, after the end of each life, where it rests and evaluates its time on earth before reincarnating again. He concludes by stating that “life is more than what meets the eye”

Weiss pens down his research in a way that it turns into an intriguing and riveting read. Recommended to all those daring enough to explore life from a whole new yet honest perspective.

Other must reads:

- **Destiny of Souls - John Newton**
- **Digital Fortress - Dan Brown**

Travel Diaries



Binsar is a scenic and a cut off travel destination away from the hustle and bustle of overcrowded hill stations, situated in the Uttarakhand state located at a height of 2412 mts above sea level.

It is situated amidst the Binsar wildlife sanctuary which is home to numerous species of rare birds and animals.

The main attraction of Binsar is the beautiful and panoramic view of the Himalayan peaks such as Nanda Devi, Trishul, Kedarnath etc. from the zero point.

Best time to visit: April to June

Places of Interest:

Binsar wildlife Sanctuary, Binsar zero point, Bineswar Temple, Kasar devi Temple

Reaching Binsar:

By Train: Kathgodam Railway station is the nearest railhead about 119 kms from Binsar. Taxis are available from Kathgodam to Binsar. Nearest airport: 152 kms from Binsar (Pantnagar) By road Binsar is approx 472 kms from Lucknow.

Excursions:

Kausani- Around 48 km from Binsar, Kausani has beautiful jungles and grasslands. Mahatma Gandhi was fascinated by the beauty of the nature here and called it the Switzerland of India.

Bajinath group of temples- The temples were reportedly erected in a single night by the pandavas as the local mythology says. But an archaeological treasure with beautiful life size figurine of Goddess Parvati in the main temple.

The Editorial Board

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